

Contact Details for affordable Food Outlets and Foodbanks in South Lakeland

Food Clubs/FareShare – Set price bag of food available from a community building where households can register to become members and pay a small fee for picking up food for a week. Food often comes from Fare Share or local supermarkets and other suppliers.



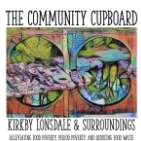
Ambleside Community Food Club & Café – Volunteers collect and receive donations of surplus food. Members of the Food Club have the option to collect a pre-packed bag of this food. Members can volunteer and donate items to contribute to the group. For more information please contact: Ambleside Parish Centre, Vicarage Road, Ambleside Tel: 015394 34172 or email: community@amblesidepc.org.uk



Sedbergh Food Club - This operates under Zero Waste Sedbergh and distributes surplus food to households in the Sedbergh community and surrounding area. A suggested donation of £3 per week will give you a share of the weekly Fareshare delivery (usually fresh fruit, veg, cooking sauces, snacks, pasta, bread). You can choose your own items, enjoy some refreshments and a sit down as well. Membership is through registration via www.ZeroWasteSedbergh.com. You may be asked to go on a waiting list if membership is full. Every Thursday during term time, 2pm - 6:30pm, at Cornerstone Community Church, New Street, Sedbergh, LA10 5AF For more information phone 07833534710



Manna House - homeless prevention charity providing food three times a week from Fareshare and other donations Tel: 01539 725534 or email: info@manna-house.org.uk



Kirkby Lonsdale Food Club – Working with Fareshare they provide members with a bag of in date food that would usually go to landfill. For £4 a week, sign up at klcommunity.co.uk. Can also provide weekly food to help you get back on your feet. For more information please email: coordinator@klcommunity.co.uk

Ulverston Food Share - Community Food Share based at the Parish Centre, Church Walk. Pay As You Feel. Food Club Collection Fridays 4 - 5.30pm - £4 per bag with spaces currently available. Tel: 07949 074822 or email: ulverstonfoodwaste@gmail.com

Grange Community Food Share – offer emergency food support such as food parcels and dry store restocks. As well as 2 weekly food clubs where you can come along and collect fresh surplus food. If you cannot collect the food box yourself then it can be delivered. For more information Tel:07985 505415

Community Food Shares - Pantries/Cupboards/Fridges - places where food is available for people to collect free of charge or where people can leave surplus food for others to collect. Food comes from FareShare and local contacts with supermarkets and other supplies.



Kendal Food Share – 17 Drovers Drive, Kendal Tel: 07488 376910 more information on their Facebook page, Sandylands Residents Association



Waste into Wellbeing - Running two 'pay as you can' food shares and weekly Community Café. For the latest information including opening times and venues: Visit www.slacc.org.uk/wiw/ Follow on Facebook and Twitter [/kendalpeoplescafe/](https://twitter.com/kendalpeoplescafe/)



Sedbergh Community Cupboard – Operates alongside Sedbergh Food Club on Thursday afternoons. Sedbergh Community Cupboard operates as an informal food bank all year round, and if you cannot collect the food box yourself then it can be delivered to your door. Self-referrals can be made via the Sedbergh Community Cupboard page of the Zero Waste Sedbergh website. You can also register by phoning 07833 534710

Kirkbarrow Food Share – enabled by Kirkbarrow Residents' Association - Two food sheds, that are unlocked throughout the day at 41 Greengate Lane and 2 Echo Barn Hill in Kendal. Food parcels can be dropped off at addresses on Kirkbarrow sheltered housing complexes or to any residents in need. If you live on Kirkbarrow and feel you would benefit from a food parcel, please email: rosetideswell@gmail.com with your name and address or ask at one of the food shed addresses or contact your local councillor.

Burneside Community Fridge - located in the corridor of St Oswalds church at the heart of the village is an open 'take what you need, give what you can'. A small team fills it weekly via local food groups, collections and financial support. For more information email: judithnotly@gmail.com

Staveley with Ings Together Food Fare Share – based at the Staveley Pavilion Village Hall, to register or find out more please email: staveleytogether@gmail.com or Tel: 07396 696726

Food Banks – no cost emergency food provision for households through referral agencies or direct referrals through local organisations e.g. Citizens Advice, Social Workers, Schools as appropriate.



Ulverston Food Bank – Bethany Christian Church, Lightburn Road Tel:01229 343410 The food bank is open Thursday 11am – 1pm, Monday re-opening soon. For more information please phone



Millom Food Bank – Millom Baptist Church, Crown Street Tel: 01229 774601 The food bank is open Tuesday 11am – 1pm and Thursday 11am – 1pm. Deliveries available)



Barrow Food Bank – Abbey Road, Baptist Church, Cnr of Abbey Road/Park Road Tel: 01229 343436 The food bank is open Monday, Wednesday and Friday for deliveries only, Tuesday 11am – 1pm, Thursday 11am – 1pm and Friday 1pm – 3pm.



Kendal Food Bank – Shakespeare Centre, Yard 76, Highgate Tel: 07534 609179 or email: kingsfoodbank@gmail.com The food bank is open Tuesday, Wednesday and Friday 12 - 3pm

Windermere & District Food Bank- Methodist Church Basement, Main Road
[Tel:07789 728811](tel:07789728811) or email: info@windermere-district.foodbank.org.uk
The food bank is open Monday, Wednesday and Friday 12 – 3pm

Milnthorpe Area Food Bank - Tel: 07582166564 Monday – Friday 9am - 5pm