

Joan was born at Brigsteer near Kendal. From a local family, her mother was also born in Kendal and her father, a farmer's son, was born in Langdale. Joan has two daughters living locally and three grandchildren.

Joan trained and worked locally as a nurse. She also worked in social work for Cumbria and Kent county councils in a variety of roles, including with elderly, children and families and people with disabilities.

As part of her social work training Joan worked as an education welfare officer dealing with ethnic minority groups in Halifax.

Joan brings to the Board, not only her work experience, but also insight, sound judgement and communication skills.