

- Closing your curtains helps stop heating escaping through windows (open or closed, especially when outdoor temperatures start to reduce at dusk)
- If you turn down your thermostat by just one degree, you'll save about £30 per year
- Draughts are not only a cause for complaint, they are a source of heat loss. Draught excluders can be fitted to help reduce heat loss
- Do not leave your TV or other electrical items on STANDBY - as they are still using electricity.
- If you have a shower you could save over half the hot water you might use for a bath
- If you are on a water meter - remember to put the plug in before running the water. Hot water running without the plug in is both wasteful and expensive (you could save roughly £15 per year). Also turn the tap off between brushes when brushing your teeth
- If your washing machine has a half load or low temperature cycle, use them if you can
- Up to 90% of the energy used for providing hot water could be wasted because of heat loss and system inefficiency. Make sure the system is lagged and regularly serviced
- A dripping tap can lose up to 850 litres a month - fitting a washer is much cheaper so contact us if you want to order a replacement by [clicking here](#)
- Wrap your hot water tank in a insulation jacket and you will reduce its carbon dioxide emissions by 150kg a year, saving yourself about £15 per year
- Fit a water butt to collect rain water to water your garden
- Fill your kettle to heat just as much water as you actually need
- Use low energy light bulbs, they can last 10 or 12 times longer than ordinary bulbs
- If you use a light for an average of 4 hours or more a day, fit an energy saving light bulb. This can save around £10 per year
- Using a big ring for a small pan on your cooker wastes energy
- An electric toaster uses less electricity than a grill
- If you cut food into smaller pieces before cooking, this will reduce the cooking time
- Grill smaller items of food rather than cooking in the oven
- A car uses 25% more fuel at 75mph than it does at 50mph