



# Where to find Welfare Advice

*South Lakeland*




An independent and accountable tenant-focused organisation  
working within the community for the community.



## Where to find welfare advice in South Lakeland

The agencies listed in this leaflet provide free and confidential advice, on a range of benefit and money issues and assist you in benefit claims. Contact details are shown below.

### Age UK South Lakeland


 01539 728118

17 Finkle Street, Kendal, Cumbria

Fax: 01539 732473

Information Services. We provide a general advice and advocacy service covering a wide range of topics which are of interest to older people and their families: health, housing utilities, transport, local services etc. We can also offer specialist advice and support in regard to: Welfare Benefits (including filling in the application forms).

### Connexions Enquiry Service

 01539 730045


124 Highgate, Kendal, Cumbria

Fax: 01539 734820

Website: [www.connexionscumbria.co.uk](http://www.connexionscumbria.co.uk)

Information, advice and support for young people. Free and confidential service; answer phone service out of hours. Open Monday – Friday hours vary. Access to a nurse and counselling. Links to all personal advisors in schools.

### Social Security Kendal


 01539 795000

Kentmere House, 1 Blackhall Road, Kendal LA9 4BS

Advice on Social Security benefits including retirement pension, attendance allowance, widows benefit, invalid care allowance, income support and social fund (funeral payments), benefits following bereavement.


## Citizens Advice Bureau

### Broughton-in-Furness

 01229 716908


Victoria Hall, Broughton-in-Furness. Open Fridays 10 am – 12 noon.

### Coniston

 015394 41052


The Institute, Yewdale Road, Coniston. Information and advice; money advice. Open Monday and Wednesday 10 am – 12 noon.

### Kendal

 0870 126 4061


Mrs P Woolgar, Blackhall Road, Kendal LA9 4BT  
Information and advice; money advice. Open Monday and Thursday 10 am – 4 pm.  
Appointments can be made at other times.

### Sedbergh

 015396 21185


Fax: 015396 22062. Open Wednesday for appointments. 10 am and 1 pm at  
Community Office, Main Street, Sedbergh.

### Ulverston

 01229 585585


J Such, Manager, Town Hall Annexe, Theatre Street, Ulverston LA12 7QA  
Free independent, confidential information on a range of topics. Welfare benefits and  
debt, representation at court and tribunal. Mental health advocacy service also available.  
Opening times: Monday 11 am – 4 pm, Tuesday 10 am – 1 pm, Wednesday 11 am – 1 pm,  
Thursday 11 am – 7 pm, Friday 10 am – 1 pm. Also telephone advice appointments.  
Sessions also operate on Wednesday morning at Ulverston Health Centre.

### Windermere

 015394 46464

Mrs S Smith, c/o The Library, Ellerthwaite Road, Windermere LA23 2AJ  
Fax: 015394 46505 Email: [windermerecab@ukonline.co.uk](mailto:windermerecab@ukonline.co.uk) Information and Advice;  
money advice. Open Mon/Fri 10 am – 3 pm, Tues/Thurs 10 am – 1 pm. South Lakeland  
Rent Deposit Scheme - *guarantee for rental deposits for people aged 16–65 on low income.*

### South Lakeland – Rural Advice Helpline

 0845 120 2999

Rural advice helpline run by Citizens Advice South Lakeland. Open Monday and Thursday  
10 am – 4 pm.

## Further information

If you require further information please contact a housing officer at one of our offices - details at the bottom of this page.

You can get a copy of this document in different formats such as large print, Braille, audio, or in a different language by calling **0845 057 0080**.

Pode obter uma cópia deste documento em vários formatos, como por exemplo em Braille, áudio, ou numa outra língua. Para tal ligue para o 0845 057 0080.

如果您想获取该文件的不同版本，如：大字体印刷、盲文、音频或不同语言版本，请致电：**0845 057 0080**。

Paskambinę telefonu **0845 057 0080**, galite užsisakyti šio dokumento kopiją įvairiais formatais, pavyzdžiui, atspausdintą dideliu šriftu, Brailio raštu, užsisakyti garso įrašą arba gauti dokumentą, išverstą į norimą kalbą.

Aby otrzymać kopię tego dokumentu w innych formatach, takich jak duży druk, druk Braille'm, audio, lub w innym języku proszę dzwonić pod numer **0845 057 0080**.

**0845 057 0080**'u arayarak, bu dokümanın bir kopyasını büyük puntolu, körler için kabartmalı, ses dosyası gibi değişik formatlarda veya farklı bir dilde edinebilirsiniz.

আপনি **0845 057 0080** -এই নম্বর ফোন করে, বিভিন্ন ফরম্যাটে যেমন বড় প্রিন্ট, ব্রেইল, অডিও বা একটি ভিন্ন ভাষাতে এই নথিটির একটি কপি পেতে পারেন।

Registered office address:

Little Aynam House  
Little Aynam  
KENDAL

Cumbria LA9 7AH

Tel: (01539) 717 717

Fax: (01539) 717 716

Email: [info@southlakeshousing.co.uk](mailto:info@southlakeshousing.co.uk)

Area office address:

Town Hall  
Queen Street  
ULVERSTON

Cumbria LA12 7AR

Tel: (01229) 584424

Central Tel:

**0845 057 0080**



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[www.southlakeshousing.co.uk](http://www.southlakeshousing.co.uk)



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