



Where to find Welfare Advice

South Lakeland




An independent and accountable tenant-focused organisation
working within the community for the community.

Where to find welfare advice in South Lakeland

The agencies listed in this leaflet provide free and confidential advice, on a range of benefit and money issues and assist you in benefit claims. Contact details are shown below.

Age Concern South Lakeland


 01539 728118

Jeremy Richardson, Information Services Manager
Stricklandgate House, 92 Stricklandgate, Kendal LA9 4PU

Fax: 01539 732473

Information Services. We provide a general advice and advocacy service covering a wide range of topics which are of interest to older people and their families: health, housing utilities, transport, local services etc. We can also offer specialist advice and support in regard to: Welfare Benefits (including filling in the application forms).

Connexions Enquiry Service

 01539 734820/773494


155 Stricklandgate, Kendal LA9 4RF

Fax: 01539 734820

Website: www.connexionscumbria.co.uk

Information, advice and support for young people. Free and confidential service; answer phone service out of hours. Open Monday – Friday hours vary. Access to a nurse and counselling. Links to all personal advisors in schools.

Disability Action South Lakeland

 0845 129 9957


G Johnson, Stricklandgate House, 92 Stricklandgate, Kendal LA9 4PU

Fax: 01539 730338

Email: info@disability-action.org.uk

Information and advice for disabled people in South Lakeland.

Social Security Kendal


 01539 795000

Kentmere House, 1 Blackhall Road, Kendal LA9 4BS

Advice on Social Security benefits including retirement pension, attendance allowance, widows benefit, invalid care allowance, income support and social fund (funeral payments), benefits following bereavement.


Citizens Advice Bureau

Broughton-in-Furness

 01229 716908


Victoria Hall, Broughton-in-Furness. Open Fridays 10 am – 12 noon.

Coniston

 015394 41052


The Institute, Yewdale Road, Coniston. Information and advice; money advice. Open Monday and Wednesday 10 am – 12 noon.

Kendal

 0870 126 4061


Mrs P Woolgar, Blackhall Road, Kendal LA9 4BT
Information and advice; money advice. Open Monday and Thursday 10 am – 4 pm.
Appointments can be made at other times.

Sedbergh

 015396 21185


Fax: 015396 22062. Open Wednesday for appointments. 10 am and 1 pm at
Community Office, Main Street, Sedbergh.

Ulverston

 01229 585585


J Such, Manager, Town Hall Annexe, Theatre Street, Ulverston LA12 7QA
Free independent, confidential information on a range of topics. Welfare benefits and
debt, representation at court and tribunal. Mental health advocacy service also available.
Opening times: Monday 11 am – 4 pm, Tuesday 10 am – 1 pm, Wednesday 11 am – 1 pm,
Thursday 11 am – 7 pm, Friday 10 am – 1 pm. Also telephone advice appointments.
Sessions also operate on Wednesday morning at Ulverston Health Centre.

Windermere

 015394 46464

Mrs S Smith, c/o The Library, Ellerthwaite Road, Windermere LA23 2AJ
Fax: 015394 46505 Email: windermerecab@ukonline.co.uk Information and Advice;
money advice. Open Mon/Fri 10 am – 3 pm, Tues/Thurs 10 am – 1 pm. South Lakeland
Rent Deposit Scheme - *guarantee for rental deposits for people aged 16–65 on low income.*

South Lakeland – Rural Advice Helpline

 0845 120 2999

Rural advice helpline run by Citizens Advice South Lakeland. Open Monday and Thursday
10 am – 4 pm.

Further information

If you require further information please contact a housing officer at one of our offices - details at the bottom of this page.

You can get a copy of this document in different formats such as large print, Braille, audio, or in a different language by calling **0845 057 0080**.

Pode obter uma cópia deste documento em vários formatos, como por exemplo em Braille, áudio, ou numa outra língua. Para tal ligue para o 0845 057 0080.

如果您想获取该文件的不同版本，如：大字体印刷、盲文、音频或不同语言版本，请致电：**0845 057 0080**。

Paskambinę telefonu **0845 057 0080**, galite užsisakyti šio dokumento kopiją įvairiais formatais, pavyzdžiui, atspausdintą dideliu šriftu, Brailio raštu, užsisakyti garso įrašą arba gauti dokumentą, išverstą į norimą kalbą.

Aby otrzymać kopię tego dokumentu w innych formatach, takich jak duży druk, druk Braille'm, audio, lub w innym języku proszę dzwonić pod numer **0845 057 0080**.

0845 057 0080'u arayarak, bu dokümanın bir kopyasını büyük puntolu, körler için kabartmalı, ses dosyası gibi değişik formatlarda veya farklı bir dilde edinebilirsiniz.

আপনি **0845 057 0080** -এই নম্বর ফোন করে, বিভিন্ন ফরম্যাট যেমন বড় প্রিন্ট, ব্রেইল, অডিও বা একটি ভিন্ন ভাষাতে এই নথিটির একটি কপি পেতে পারেন।

Registered office address:

Little Aynam House
Little Aynam
KENDAL

Cumbria LA9 7AH

Tel: (01539) 717 717

Fax: (01539) 717 716

Email: info@southlakeshousing.co.uk

Area office address:

Town Hall
Queen Street
ULVERSTON

Cumbria LA12 7AR

Tel: (01229) 584424

Central Tel:

0845 057 0080



INVESTOR IN PEOPLE

www.southlakeshousing.co.uk



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