




Local Equality and Diversity Contact List



An independent and accountable tenant-focused organisation working within the community for the community.

Local Equality and Diversity Contact List

Age Concern South Lakeland

 01539 728180
or 728118


17 Finkle Street, Kendal (9.00 am – 4.00 pm, Monday - Friday)

Fax: 01539 732473

Email: admin@ageconcernsl.org.uk

Website: www.ageconcernsl.org.uk

Alzheimer's Society

 01539 742631

Stricklandgate House, 92 Stricklandgate, Kendal

Email: alzheimers@stricklandgate-house.org.uk

AWAZ (Cumbria)

 01768 895242

Voice of BME People & Communities in Cumbria

The Old Stables, Redhills, Penrith, CA11 0DT

Email: info@awaz.info


Website: www.awazcumbria.org

Bangladeshi Community Association

By post only

c/o Abdul Harid, Dhaka Restaurant, London Road, Carleton, Carlisle
CA1 3DS

Barnardos

 015394 43500

St Andrews, Ecclerigg, Ambleside Road, Windermere LA23 1LJ

Email: sue.underwood@barnardos.org.uk

Website: www.barnardos.org.uk/southlakeland.htm

Child Line

 0800 1111

Website: www.childline.org.uk

Child Protection Helpline

 0808 800 5000 (24-hour)

Email: help@nspcc.org.uk

Website: www.nspcc.org.uk

Chinese Association (Cumbria)

By post only

c/o Kim Lee Foods, Scott Business Park, Rome Street, Carlisle, CA2 5LE

Citizens Advice South Lakeland



GRANGE-OVER-SANDS - Hampsfell Road	015395 33100
KENDAL - Blackhall Road	0870 126 4061
ULVERSTON - Town Hall Annexe	01229 585585
WINDERMERE - The Library, Ellerthwaite Road	015394 46464

Website: www.cabsouthlakeland.org.uk

Connexions Cumbria

01539 730045
 01229 824052

124 Highgate, Kendal

Email: info@connexionscumbria.co.uk

Website: www.connexionscumbria.co.uk

Cumbria Alcohol & Drug Advisory Service (CADAS) Barrow

01539 742615
 01229 585585

Stricklandgate House, 92 Stricklandgate, Kendal

Email: info@cadas.co.uk Website: www.cadas.co.uk

Cumbria Adult Social Care & Children's Service, Cumbria County Council



KENDAL - County Offices	01539 773377
ULVERSTON - Brogden Street	01229 894000

Cumbria CVS 01539 742627

92 Stricklandgate, Kendal

Email: southlakes@cumbriacvs.org.uk

Cumbria Deaf Association

01539 773131

5 Castle Street, Kendal

Email: office@deafvision.co.uk

Website: www.deafnessincumbria.cumbriadeaf.co.uk

Cumbria Disability Network

08707 664125
 078674 87420

c/o DACE, Regents Court, Kingsmoor Business Park, Carlisle CA6 4SJ

Email: cumbriadisability@tiscali.co.uk

Website: www.carlisledeafness.org.uk

Cumbria & Lancashire Action For Sexual Health

 **01772 777001**

Email: clphnetwork@centrallancashire.nhs.uk

Website: www.clashonline.co.uk

Cumbria Multi Cultural Service

 **01229 833933**

Fax: 01229 894475

Email: cmcs@cumbriacc.gov.uk or Irene.troughton@cumbriacc.gov.uk

Multi Cultural Womens Forum

Mobile: 07962 104231

Email: Donika.begaj@cumbriacc.gov.uk

Website: www.cumbria.gov.uk/communityinformation/mcs/barrow.asp

Furness Multicultural Forum

Email: mail@fmcf-cumbria.org

Cumbria Witness Care Unit

 **01539 815560**

Kendal Police Station, Busher Walk

Website: www.kendal.wcu@cps.gsi.gov.uk

Furness Carers Association

 **01229 822822**

Storey House, Storey Square, Barrow

Website: www.furnesscarers.co.uk

Gay Cumbria

 **01900 603393**

4-6 Oxford Street, Workington

Email: team@gaycumbria.com

Website: www.gaycumbria.com

Home Start South Lakeland

 **01539 727333**

0800 068 6368

Riverside Centre, Tanners Yard, Highgate, Kendal

Email: h-s.southlakes@virgin.net

Website: www.home-start.org.uk

MacMillan Cancer Support (CAB)

 **0870 1264061**

Blackhall Road, Kendal

Website: www.macmillan.org.uk

Mens Advice Line & Enquiries

 0808 801 0327

Email: info@mensadviceline.org.uk

Website: www.mensadviceline.org.uk

MIND in South Lakeland



KENDAL - 106a Highgate **01539 740591**


ULVERSTON - 9 Queen Street **01229 581578**

BARROW-IN-FURNESS - 64 School Street **01229 827094**

Email: enquiries@southlakelandmind.org.uk
schoolstreet@mindinfurness.org.uk

Website: www.southlakelandmind.org.uk

Missing Persons

 0500 700 700

Website: www.missingpersons.police.uk

Multiple Sclerosis Society

 01539 728352

Email: mbrockbank@totalise.co.uk

Website: www.mssociety.org.uk

Parentline Plus


 0808 800 2222

Advice about parenting issues.

Email: parentsupport@parentlineplus.org.uk

Website: www.parentlineplus.org.uk

Parkinsons Disease Society

 0808 800 0303

KENDAL & District Branch

Email: hello@parkinsons.org.uk

Website: www.parkinsons.org.uk

Police



HQ **01768 891999**

KENDAL **01539 722611**

BARROW-IN-FURNESS **01229 824532**

Website: www.cumbria.police.uk

Post Natal Wellbeing (Cumbria)

 01539 733893 / 742624


Stricklandgate House, 92 Stricklandgate, Kendal

Email: pnisupport@stricklandgate-house.org.uk

The Legacy Rainbow House **01257 452511**

For children with neurological disorders
Castle Street, Kendal

Website: www.thelegacy-rainbowhouse.com

Refuge 24 hour Helpline **0808 2000 247****Resolve Mediation** **01229 823888**

Email: lizhendry@resolvemediation.fsnet.co.uk

Website: www.resolvemediation.co.uk

Rural Women's Network **01768 869511**

The Old Stables, Redhills, Penrith

Email: daniHUDSON@cumbriaaction.org.uk

Schizophrenia Association of Great Britain **01248 354048****Self Injury Support (North Cumbria)** **01228 515500****Shelterline** **0344 5151945****Social Services** **01539 713066****South Cumbria Dyslexia Association** **01539 742632**

Stricklandgate House, 92 Stricklandgate, Kendal

Website: www.scudauk.co.uk

Kendal Family Drop In Centre **01539 742600**

Room 24, Stricklandgate House, 92 Stricklandgate, Kendal

Cumbria Mental Health Group **01539 737012**


Castle Lodge, Unit 43, Aynam Mills, Aynam Road, Kendal

Email: office@cmhg.org.uk

**South Cumbria Rape & Abuse Service
(SCRAS)** **01229 820828**

BARROW-IN-FURNESS

Email: scras_barrow@hotmail.com

**South Lakeland Autism & Aspergers
Syndrome Support Group** **078088 13622**

Website: www.southlakesautism.co.uk

Or Parent to Parent Support Line 01539 725291

South Lakeland Carers Association**☎ 01539 815970**

5 Castle Street, Kendal LA9 7AD

Email: admin@alcarers.org.uk**South Lakes Society for the Blind****☎ 01539 742633**

Stricklandgate House, 92 Stricklandgate, Kendal

Email: info@slsb.org.ukWebsite: www.slsb.org.uk**Cumbria Action for Communities****☎ 01768 840827**Email: info@cumbriaaction.org.ukWebsite: www.cumbriaaction.org.uk**Woman's Aid Website****☎ 0808 2000247**Email: helpline@womensaid.org.ukWebsite: www.womensaid.org.uk**Youth Offending Team**Email: amrik.panaser@cumbriacc.gov.uk

Further information

If you require further information please contact a housing officer at one of our offices - details at the bottom of this page.

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আপনি **0845 057 0080** -এই নম্বর ফোন করে, বিভিন্ন ফরম্যাট যেমন বড় প্রিন্ট, ব্রেইল, অডিও বা একটি ভিন্ন ভাষাতে এই নথিটির একটি কপি পেতে পারেন।

Registered office address:

Little Aynam House
Little Aynam
KENDAL
Cumbria LA9 7AH

Tel: (01539) 717 717

Fax: (01539) 717 716

Email: info@southlakeshousing.co.uk

Text: 07920 593487

Area office address:

Town Hall
Queen Street
ULVERSTON
Cumbria LA12 7AR

Tel: (01229) 584424

Central Tel:

0845 057 0080



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